



**MAY 2011
WHITEWATER RAFTING-
FAVORITE DAY TRIPS**

Idaho has more whitewater than any state in the lower 48, and is truly an enthusiast's destination of choice. We are expecting a banner year for water. So whether you are looking for an exciting family trip or a gnarly roller coaster, Idaho's rivers and professional outfitters offer the water action you seek. Try a day trip on one of the rivers featured below or click here for more information on Idaho's many outfitters and multi-day river trips such as Hells Canyon and the Middle Fork of the Salmon.

St. Joe River – In the spring, mountain snowmelt brings the St. Joe River to life for exciting Class 2-3 adventures through cedar-lined rocky canyons. Seize the day in May and June when the whitewater is running in the fun zone. The St. Joe River is located in Northern Idaho near Coeur d'Alene.

Lochsa River – Lochsa means 'rough waters' in Nez Perce, and it's an appropriate way to describe the experience of running this Class 3-4 river in north-central Idaho. At its best April through early July, the whitewater action, including the thrilling Lochsa Falls, always proves to be fun and eventful.

Salmon River – There are three areas in central Idaho where the Salmon River offers Class 2-4 day trips near civilization. In Riggins, loosely dubbed the 'Whitewater Capital of Idaho,' people float the big waves and rapids near U.S. 95. Two more sections provide chills and spills near Stanley and the town of Salmon. Plan your trip between May and September for thrilling whitewater and varied scenery.

Payette River – The Payette River, just 45 minutes north of Boise in Southwest Idaho, offers one-day trips on three sections of the river – the North, South and Main. Start out with a family-friendly trip on the Main or the secluded Cabarton stretch, both with Class 2-3 rapids. The South Fork offers an exciting thrill ride with Class 4 rapids.

Snake River – As it curves across Southern Idaho, the Snake River features two sections with action-packed whitewater. The Class 4+ Murtaugh and Class 3 Milner sections are great trips when water is available. Act fast, as these thrilling runs are only available in May.

**DEAL OF THE MONTH:
MOTHER - DAUGHTER
SHOPPERS GETAWAY**

Mothers Day is Sunday, May 8th, so surprise mom with the perfect boutique combination. Hotel 43's 'Shop 'til you Drop' package lets you spend your day discovering downtown Boise's unique shopping and dining experiences, followed by a night stay in a Capitol Level Room with plush bedding, relaxing robes, wet bar, mini-refrigerator, Keurig coffee maker and Tully's coffee, plus valet parking, a Hotel 43 shopping tote, and a \$50 Downtown Boise Gift Card to use at many of the amazing downtown shops or eateries. Package details. Explore more Idaho mother/daughter vacations, spa packages and girlfriend getaway destinations here.

**SPRING INTO IDAHO
FARMERS' MARKETS**



Spring is a great time to enjoy the bounty of Idaho. Open-air

farmers markets dot the state, offering local and organic fruits, vegetables and meats as well as locally made and natural products such as wine, jams, sauces, cosmetics, jewelry and even pet treats. No matter where you venture in Idaho, you are likely to find something special at the local

farmers' market. Celebrate the Year of Idaho Food and include a visit to the markets below as you plan your travel. Or learn more about Idaho's 55 farmers' markets.

Northern/North Central Idaho

Farmers' Market at Sandpoint – Opens May 7. Wednesdays, 3:00-5:00pm; Saturdays, 9:00am-1:00pm

Kootenai County Farmers' Markets: Hayden market opens May 7. Saturdays, 9:00am-1:30pm
Moscow Farmers' Market – Opens May 7. Saturdays, 8:00am-1:00pm

Kooskia/Kamiah Farmers Market – Opens May 7. Saturdays, 9:00am - 1:00pm

Southwest Idaho

Cascade Farmers' Market – expected opening June 18. Wednesdays, 10am-6:00pm

UPCOMING EVENTS

May is Idaho Archaeology and Historic Preservation Month

Free events and activities are planned throughout the State during the month of May.

BODIES...The Exhibition at the Museum of Idaho

runs through October 6
Idaho Falls, Idaho

Modern Art

May 5, 2011
Boise, Idaho

Depot Days

May 6-7, 2011
Wallace, Idaho

El Korah Annual Wine Tasting

May 7, 2011
Boise, Idaho

Riggins Rodeo

May 7-8, 2011
Riggins, Idaho

Snake River Birds of Prey Festival

May 13-15, 2011
Kuna, Idaho

Trout Unlimited Fly Casting Tournament

May 14, 2011
Eagle, Idaho

Idaho Green Expo

May 14-15, 2011
Boise, Idaho

Boise Bike Week

Multiple Locations
May 15-21, 2011
Boise, Idaho

Lost in the '50s' - Sandpoint's Biggest Party of the Year

May 19-22, 2011
Sandpoint, Idaho

Crazeez Daze Carnival

May 19-23, 2011
Mountain Home, Idaho

Boise Philharmonic Classical Series "Season Finale"

Nampa - May 20, 2011
Boise - May 21, 2011
Nampa/Boise, Idaho

Weippe Camas Festival

May 20-22, 2011
Weippe, Idaho

Boise River Revival

May 21, 2011
Boise, Idaho

The Community Progressive

May 21, 2011
Boise, Idaho

Snake River Fiber Fair

May 22-23, 2011
Idaho Falls, Idaho

St. Anthony's Free Fisherman's Breakfast

May 27, 2011
St. Anthony, Idaho

Sun Valley Wellness Festival

May 27-30, 2011

Eagle Saturday Market – Open. Saturdays,
9:00am-1:00pm
Eastern/Southeastern Idaho
Teton Valley Farmers' Market – Opens June 24
Fridays, 9:00am-2:00pm
Idaho Falls Farmers' Market – Open. Saturdays,
9:00am-1:00pm
Portneuf Valley Farmers' Market (Pocatello) –
Open. Saturdays, 9:00am-1:00pm & Wednesdays
4:00-8:00pm
Oregon Trail Farmers' Market (Soda Springs) –
Opens June 1. Wednesdays, 3:00-6:00pm
Central/South Central Idaho
Ketchum Farmers' Market – Opens June 16.
Tuesdays, 2:30-6:00pm
Challis Community Farmers' Market – Opens
June 4. Saturdays, 9:00am-1:00pm
Twin Falls Farmers' Market – Opens May 14.
Saturdays, 9:00am-1:00pm.
Lincoln Crossroad's Farmers' Market – Opens
June 17. Fridays 3:00-7:00pm

Sun Valley, Idaho

Pocatello 50 Mile Trail Run

May 28, 2011
Pocatello, ID

Summer Sounds at Park Place

May 28, 2011
Sandpoint, Idaho

Locha River Run and
Memorial Day Madness!

May 28-30, 2011
Lowell, Idaho

American Hero Weekend at
Silverwood Theme Park

May 28-30, 2011
Athol, Idaho

**VISITIDAHO.ORG - FIRST STOP FOR IDAHO VACATION
PLANNING**

IDAHO Where can you turn to plan your Idaho vacation? Visitidaho.org, and now it has a brand-new look. The site features brilliant, seasonally rotating background images with a comprehensive home page reflecting Idaho's tag line, Adventures in Living. It includes links to database entries, maps, news and events, a tourism blog, a newsletter, photo and video library, and 360 degree virtual tours. Users can easily navigate the site, and have the ability to search for lodging, activities and events by location. Graphic icons at the very top of the home page give one-click access to specialty pages including Idaho Winter, Idaho Golf Trail, Idaho Whitewater, Idaho Scenic Byways and more. It is also easy to connect to Idaho Tourism's social network: Twitter, Facebook, YouTube, Flickr and Everlater.

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